

The Martialarm Introduction To Hung Gar Kung Fu

A Fukien tea merchant, from the family Hung, studied Shaolin tiger and then went on to develop the leopard, adopted and changed the styles of dragon and snake. He married a lady who was adept in the crane style. Adopting this style as well. The five animal style was thus created. The most famous exponent of this style is Wong Fei-Hung.

Hung Gar training can be done in any city in the world and I encourage you to visit our martial arts directory of Hung Gar to find a school near you!

About the Author

Visit the martialarm website <http://www.martialarm.com/martialarts/hunggar.html>

Source: <http://www.martialarm.info>